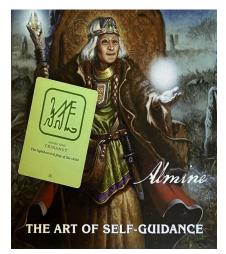
December 2023 Rune Guidance & Frequency

Based on the Rune of Spiritualized Matter - Embodying the reconciliation of the duality of material & spiritual

• Calming matrix - Intuition enhancing - Chosen Focus: Call the Angelgod: Aranesh

This month we are guided to work with our dreams and the signs in our environment. We all receive messages but in a unique way, how do you receive that will enhance this month and possibly from now on. It is important to bring these messages to the surface and sit with it and



see what the message is for you. Study every little message you receive. I receive images and visions that don't always take time to study them. This is the time to empower your journey with these messages. Slow your life and work with your intuition. We are guided to choose our focus and write down our intention daily to change the movement of energy and frequency.

The decisions that you get to make are guided by your intuitions and of course you can use the goddesses qualities to make decisions.

Receptivity is another thing this month. Allow yourself to receive and pay attention to what you receive and what it is you resist. You might want to release some of the negativity

you allow yourself to receive. Affirmation of Goddess Hay Hu Ka we are working this month is very useful this month: I am filled with new energy moment to moment.

Goddess Hubanet can be called to assist us to have deep communion with the self. This will help us to pay attention to every intuition and inner guidance including dreams and signs. This is how we nurture ourselves.

We are going to discover new unexpected messages, information in our everyday life we couldn't see before. Work with your heart and high heart this month to stay in your inherent awareness and new awareness of this brand new consciousness we are experiencing. This is also the way peace expresses itself and the best way to bring peace to our world. The energy of the high heath, the divine compassion for the self and all around us embrace differences and are able to see the contribution of all. To seal the energy of this month Angelgod Oreta guiding us to see behind the appearances. Call the Angelgod: Usuta - fluidly forming repattering.

Have fun creating a magical life *
With Love, Sara Roshan