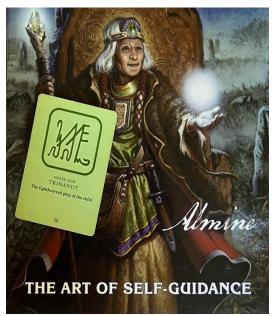
## November 2023 Rune Guidance & Frequency

Based on the Rune of Spiritualized Matter - Embodying the reconciliation of the duality of material & spiritual

- November is bringing stability :-)
- The Patient unfolding of new creation Angel God: Urukta

Life is about to bring newness to your doorsteps, we'll feel more stable. November seems to close the door of 2023 in our backs and move us to the frequency of the new year earlier. Progress is singing its song so make sure you have a plan and clear knowing where you are and



where you intend to be and feel in the years to come. Let the past stay there. Life is calling for us to activate the romantic eyes and watch this adventure of discovery with the eyes of a lover, a poet and artist. How does that feel and mean to you? For this romantic perspective you may want to call the Angelgod: Usabit.

This month frequency guides us to love life as the adventure that it is, we are very much supported. Enjoy the journey by focusing only on your next step, knowing that every step is taking you to your goal and whatever you have in heart to create and experience this coming year.

The world is remembering therefore the energy is reawakening the miraculous life. Trust yourself and act with the song of exuberance (Joy+passion) Find

your joy and passionately build it, support yourself with the passion of a lover.

Call the Angelgod: Usuta - fluidly forming repattering.

Have fun creating a magical life \*
With Love, Sara Roshan
Spiritual Mentor, Healer and Teacher