

January Frequency

Based on the Rune of Spiritualized Matter - Embodying the reconciliation of the duality of material & spiritual

Moving Forward Is the message for January.

The year is promising as the frequency of the heart is now only moving forward, invites you to focus on what you want, focus on what is good about things around you including those you don't like :-) look at the qualities and positive aspects of yourself, others and the environment to be able to move with the energy forward. See beyond the horizon, much farther than the eyes can see. Embracing patternless existence is advised so try new ideas, creativity, random acts of kindness and different ways of doing things. The time we are living is the time for change and transformation, we need to stay grounded. Only by staying in your awareness and conscious choice you are able to anchor your light and stay grounded. Try to make a difference in someone's life once a week (in their material/physical life) for a stranger rather than a friend or family. Creating milestones in the trackless sands of eternity through spontaneous acts of generosity.

This is the time to trust, to focus and create through the heart. It is not the time to look for meaning... the only way you can fully open your wings and fly is through the release of the search for meaning.

----- 2023

I asked the cards for the frequency of the new year and that is what I have to share: Seed the light by staying grounded: choose to anchor your light and stay grounded during this transitional period.

As we move out of the era of ascension of light/descension of frequency to a heart based ascension of frequency at its pick point the world will need your light and your balance more than ever. This year's frequency also assists with the heart of light workers who are ready to blossom and flourish. Those who are ready to participate in this powerful transformation. The song of the feminine is inspirational and stimulates reaching beyond old boundaries. A reminder here for all of us that we can call upon the feminine spirit and The Infinite Mother when needed.

The Monthly Guidance is based on the Sacred Runes of the Infinite Mother and is compiled by

Grand Master of the Runes Sara Roshan www.Consciousmanifestations.com/reading-runes/
The Sacred Runes of the Infinite Mother are brought to us by Seer Almine: <https://almine.store/>

Angel God Grihanash: Frequency-based shape, is space without the confines of a matrix. It is therefore fluid space.

Supporting concept: Rising beyond the illusion of man

Amazing, both men and women are balancing their feminine and masculine aspects within. A frequency that harnesses and harvests power for people especially women.

Empowering the heart based projects, communities, families and governments. One of the tools to stay grounded is silent exercise- a silent hike or walk.



Have fun creating a magical life

With Love,

Sara

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